Homeopathy, Past to Present

The principles of homeopathy were first formulated at the end of the eighteenth century by Samuel Hahnemann, a German physician. Through homeopathy, Hahnemann discovered a means to help people heal gently, rapidly, and reliably.

Homeopathy spread quickly throughout Europe and to the United States through the early 20th century. However, with the introduction of modern pharmaceuticals in the early 1900s, interest in homeopathy diminished in the U.S. In contrast, other countries in Europe and Asia were still experiencing a steady growth of homeopathic teachings and interest. With the rise in chronic illnesses in the U.S., homeopathy’s popularity has increased in the last 20 years. Currently, sales of homeopathic remedies are increasing at a rate of about 12 – 15% each year.

Today, homeopathy has a particularly strong following in many countries including India, Switzerland, Mexico, Germany, Italy and England.

Homeopathy Facts

Over 300 million people are seen by homeopathic practitioners world-wide.

Homeopathy is safe and gentle for everyone, including pregnant women and children.

Homeopathy can be used in conjunction with your existing medications.

Homeopathic remedies do not cause side effects.

To learn more about homeopathy...

“Gentle, Holistic Healing

The highest ideal of healing is the rapid, gentle and permanent restoration of health.”

- Samuel Hahnemann

www.minnesotahomeopathicassociation.org
Homeopathic remedies are usually made from plants and simple minerals. These substances are prepared by a process of repeated dilution and shaking, which makes them capable of stimulating the healing process. Remedies are given to stimulate the whole body to heal itself, while herbs and regular medicines are given to take away specific symptoms from parts of the body.

Homeopathic remedies are made at special FDA regulated and approved homeopathic pharmacies according to very high standards of purity.

The homeopath views a person’s health as a condition of the entire individual rather than in terms of isolated symptoms. Homeopaths do not diagnose disease or treat diseases. The ultimate goal of a homeopathic consultation is for the homeopath to truly understand what is unique about you.

Like cures like

Homeopathy is based on the “Law of Similars” which states that a substance that causes a particular disease in a healthy individual will cure the same disease in an ill person. Homeopaths use this principle in order to select the appropriate remedy for an individual.

Totality

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Stimulate healing

Homeopathic treatment, like all truly natural therapies, seeks to stimulate the innate healing power of the individual so that all physiological systems function at their best.

The making of homeopathic remedies

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“My life has shifted in ways I never thought possible. Sometimes, I can’t even recognize the person I was before homeopathy.”